



## Examples of no-cost services with Comfort®

### General examples

- Annual physical
- Immunizations administered during a doctor's visit
- Office visit for maternity care, including ultrasound
- Routine well-baby visit
- Ongoing visits with your mental health therapist
- Checkup to take a scan and examine the status of a blood clot in the leg
- Post-op follow up after surgery to confirm things are healing properly
- Weekly PT visits to heal and strengthen leg muscles after achilles tendon repair surgery
- Weekly telemedicine visits with a psychologist to receive mental health treatment

### Applied examples

- You take a generic prescription daily and get it filled every month
- You take Humalog (an insulin) regularly to manage your diabetes
- You take Symbicort regularly (a medication to treat asthma)
- You hurt your ankle on a run and visit the doctor for a check-up and x-ray
- You visit a specialist, and they order a MRI or a CT scan
- You go to the clinic for a routine mammogram
- You're in remission from breast cancer and go to the clinic for a diagnostic mammogram
- You visit a dermatologist to check the skin on your arm, and the dermatologist removes several moles while you're there
- You visit a chiropractor to treat your back pain
- You take your child to urgent care because they're displaying flu symptoms on the weekend, when the PCP's office is closed



### The health plan of the future is here.

Comfort is the first-of-its-kind health plan that eliminates cost barriers and provides value to all participants, promoting better long-term health and improved customer satisfaction.

Comfort provides 100% coverage on most common healthcare services, at a cost comparable to traditional group health plans.

### To learn more about Comfort:

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