

Coverage for family planning, prenatal, and postpartum services

Gravie is here to support you in your family planning journey! Review common services and how they are covered.



Tips before receiving services:

- View our provider directory to check if your provider is in-network.
- Use our drug list to search your specific prescriptions and see if they are listed as a generic.
- For specific costs, call Gravie Care™ at 866.863.6232, or log into member.gravie.com. First, note the coverage type of the service you are seeking (eg. specialty visit, preventive visit), and then view the cost under “Plan Details”.

Family planning

OB/GYN annual visit	Covered as preventive care
Birth control	<p>Tier 1: All generic birth control (oral/injectable/implantable) that requires a prescription is covered as preventive care.</p> <p>Tiers 2-4: Non-generic birth control that requires a prescription may have a member cost share.</p>
Mental health	<p>Prenatal and postpartum depression and anxiety are among the most common complications that occur in pregnancy or in the first 12 months after delivery.</p> <p>Mental health is covered as a specialty visit, both in person and virtually.</p>

Prenatal

Prenatal visits	Routine visits are covered as preventive care.
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Genetic testing	Coverage varies based on your plan, but it must be deemed medically necessary. A prior authorization is highly recommended. Elective testing is not covered.
Sonograms	Routine sonograms and those deemed medically necessary by your provider are covered as preventive care, including 3D sonograms.
Postpartum	
Delivery	Hospital births and birth centers attached to a hospital are covered as hospitalizations and surgeries. Home births and standalone birth centers are not eligible for coverage. Midwives: A midwife who is in-network is a covered practitioner for prenatal care and delivery services. Doulas: Not a covered service under your plan.
Circumcision for baby	Covered as hospitalizations and surgeries.
Newborn office visits	Routine visits are covered as preventive care. Additional visits to a pediatrician are covered as primary care visits.
Breast pump	One breast pump is covered as preventive care when purchased from an in-network provider. Breast pump rentals are covered as preventive care as long as the total rental payments do not exceed the purchase price of the same item.
Lactation consultants	In-network consultants are covered as preventive care, both in person and virtually.
Pelvic floor physical therapy	Covered as a specialty visit.
Adding new baby to the plan	Having a new baby is considered a Qualifying Event. Add your baby to your plan within the first 31 days after their birth. If you enrolled in your plan on your company's platform, then you'll need to reach out to your HR representative to find out what steps they require to get your newest addition(s) added. If you enrolled via Gravie's platform, log in at member.gravie.com and update the change yourself.



Gravie Care has you covered.

If you have questions about your health benefits throughout the year, get answers from our best-in-class support team.

Call: 866.863.6232

Message: member.gravie.com/contact

